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By
PAUL BRUNTON

The author's first book, "The Secret Path," published in 1935, met with amazing success in this country. In this age of high, nervous tension, its success was due, undoubtedly, to the hundreds and thousands of Americans desperately in need of frequently replenishing their physical, mental and spiritual powers, and who found the solution of their problems in this book. In his first book, the author presented a fully detailed technique which he learned and pursued in the East with such amazing results. In this new book he gives to the Western world some inkling of the soul-consciousness which may be achieved by those who are prepared to follow the Secret Path. He tells us how to contact the Over-self or divine being that dwells in each one of us and gives us the key to the world of spiritual reality. The book contains many precepts of great value which will aid men and women everywhere in preparing themselves for the battles of life in this modern age.

Arunachala Hill, in South India, has a high status in Hindu sacred tradition, and Tamil legends hold that it is far more ancient than the Himalayas, which are known to be of fairly recent origin. At the base of Arunachala (which is the Sanskrit for "Red Mount" or "Hill of Light") abides the last of the Maharishis of India, of whom we heard much in **A Search in Secret India**. This book is due largely to his inspiration and endeavours to give the Western world some inkling of the soul-consciousness that may be achieved by those who are prepared to follow "The Secret Path."

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The author here presents a fully-detailed description of the technique which he learned and pursued in the East, a system which rewarded him with amazing spiritual experiences and results. By following out the complete system of the author, it is possible for every man and woman to discover the revivifying and deathless spirit within their own being.

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*Author of: "A Message from Arunachala,"
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Paul Brunton, intrepid investigator into spiritual and psychic mysteries, acclaimed as the man who knows more about Yoga than any living westerner, retired into complete solitude among rugged mountains of the Indo-Tibetan border, so as to carry the biblical injunction of his Master, "Be still and know that I am God."

In this lonely retreat he entered his amazing experiences and his meditative reflections upon varied aspects of life and Truth. Under the inspiration of the lofty Himalayas and of his quest of inward peace, he has here written down a host of unforgettable thoughts and successfully conveyed the inspiring atmosphere of his exalted environment.

The atmosphere of these pages will carry to readers in stuffy cities something of the crisp air of the Himalayan mountains, and will be of immeasurable value in inwardly preparing them for the exigencies and struggles of modern life.

The author's first book, "The Secret Path," which was published in 1935, met with extraordinary success in this country. Those thousands of Americans desperately in need of replenished physical, mental and spiritual powers, who found the solution of their problems in this and subsequent books, will find "A Hermit in the Himalayas" a reservoir of comfort, hope, and enlightenment.

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in plain and understandable everyday language, avoiding the unnecessary use of unfamiliar specialized terms. No previous acquaintance with either Indian doctrines or Western technical philosophy is required of the reader of this volume. Nor is this all. The entire teaching has been based on an appeal to reason, not to belief, and therefore it has been presented in an ultra-modern form throughout, closely linked to science.

These pages throw a flood-light on age-old problems. The comparative usefulness and reliability of faith, intuition, logic and reason as guides in thought and action are clearly dealt with. The double play and individual scope of fate and free-will in our lives is brought out. The nature of the world-experience which we get through the five senses, the nerves and the brain, is illuminated in a remarkable manner. Einstein's discovery of the Law of Relativity is used in a series of homely illustrations to explain curious but usually unregarded facts of the human mind. A thorough analysis of those mysterious phenomena called illusions is made to reveal further startling facts about the powers of our consciousness. The analysis of words as a key to the analysis of thinking and knowledge is treated in an interesting way. The strange character of time and space is probed and laid bare. The idealistic doctrine that all experience is first and last a mental experience is clearly unfolded and its audacious implications shown. The ethical and practical consequences of this teaching are forcibly put forward. It is claimed that the new understanding of life thus generated is entirely practical and can be applied by anyone to the ordinary problems of daily living, making in the end for a better, happier and more successful existence. A novel analysis of the philosophic meaning of the present world crisis concludes the volume.

This unique book could only have been produced by a man like Dr. Brunton, who is himself a compound of practising mystic, student of science, lover of philosophy and man of action. It authoritatively offers a key to the obscure wisdom of the aged Orient phrased in a scientific way to suit the time and need of the youthful Occident.

"You have studied and carried yoga to the Western people, now study and carry *the best* that India has to give—our higher philosophy!"

These words were once uttered to Dr. Paul Brunton by His Late Highness the Maharaja of Mysore, India's most famous, most beloved and most revered native Ruler, acclaimed by Gandhi as a "King-Sage." Thus the leading Western researcher in Oriental Mysticism came to be initiated into the philosophic school of which His Late Highness was also a student.

The first fruits of this initiation will be found in the present book. The author explains that there has been in existence in Asia since untraceable antiquity a hidden doctrine which was originally intended for an intellectual élite, as well as for kings, statesmen, generals, high priests and others charged with the responsibility of guiding a people's life. But owing to the immense intellectual growth and scientific advance which mankind has made during the modern period, as well as to the world-wide changes, wars and disruption of human existence, secrecy has lost its ancient value and the custodians of this teaching now wish it to become available to all who care to know truth.

This volume acts not only as a bridge between the author's earlier books and the new divulgement, but also initiates the reader into the first half of the latter. He explains that there are three progressive degrees in yoga and why the philosophical or third degree, to which these teachings belong, is authoritatively regarded as the highest. He writes sympathetically of religion and mysticism and ordinary yoga, shows their origin, place, purpose, usefulness and necessity, but points out where they are insufficient and defective, thus preparing the way for an ascent to the higher level of the hidden philosophy.

Here is a remarkable literary achievement, for Dr. Brunton has explained the profoundest thoughts of pure philosophy

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The knowledge of the Overself is the culmination of all human endeavor and all upward aspiration. Dr. Brunton, as the climax of his years of study and instruction, gathers into this last volume the pith and essence of all the known and secret wisdom of the thinkers of the East concerning the Overself, that fragment of the Divine which is in each one of us and which makes us a portion of the universal World Mind.

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Author of

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We are beginning to realize that this war is ushering in a new economic, social and spiritual era. The significance of these world changes and their meaning for mankind are revealed by Dr. Brunton against the background of his present-day restatement of the ancient philosophies. This new volume completes the exposition of the "hidden teaching" which he began in *"The Hidden Teaching Beyond Yoga."* What was there partially indicated is here completely revealed and the answers to the problems which inevitably challenge the serious inquirer are given as the climax of Dr. Brunton's explanations of the mysteries of death and destiny.

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Dr. Brunton gives a full description of bodily and mental disciplines which may be practiced to assist in achieving this higher state of consciousness and which have been adapted by him from the esoteric methods of the Orient to the requirements of our Western way of life.

For many years Dr. Brunton has devoted himself to learning and teaching the ancient wisdom, traveling and living extensively in the Orient, particularly in India. He has penetrated deeply into strata of wisdom and mystical experience beyond the reach of the majority of seekers. This volume is the climax of Dr. Brunton's years of study and instruction, and as such he offers it to those who have so far followed him on the upward path, and to all who, at this time in the gigantic clash of the forces of Good and Evil, seek a spiritual anchor and a refuge from the pressures and the maladjustments of a material world.

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In this book, the world's leading research student of Oriental Mysticism seeks to throw a bridge across the chasm which separates yoga and pure ancient philosophy for his Western audience. Mr. Brunton predicates that there are three great steps to truth: religion, yoga, philosophy. He writes sympathetically of religion, mysticism and yoga—shows their origin and place—points out where they are insufficient and defective. But his real purpose here is to approach the final goal—to lay hold on the philosophy which has been kept hidden and secret for over five thousand years by a succession of Indian sages—a higher philosophy as far beyond mysticism as mysticism is beyond religion. . . .

Always a challenging thinker Paul Brunton has a vital message in this book for the harassed men and women of these days. Himself a compound of practising mystic, student of science, lover of philosophy and man of action, he understands the conflicts in modern minds and hearts. His book is a passionately sincere attempt to solve some of the intellectual and spiritual riddles of our time.

"The holiest things in life are not bruited abroad in public. The sure instinct of the human soul is to keep them withdrawn in the inmost recesses accessible to few—perhaps to none. Certainly only to those who care for spiritual things. Now secret things require much searching for; but those who seek will find. Those who seek with their whole heart and with the real determination to find will at last discover the secret. Paul Brunton had that determination, and he did in the end find. . . ."—A Word from SIR FRANCIS YOUNGHUSBAND.

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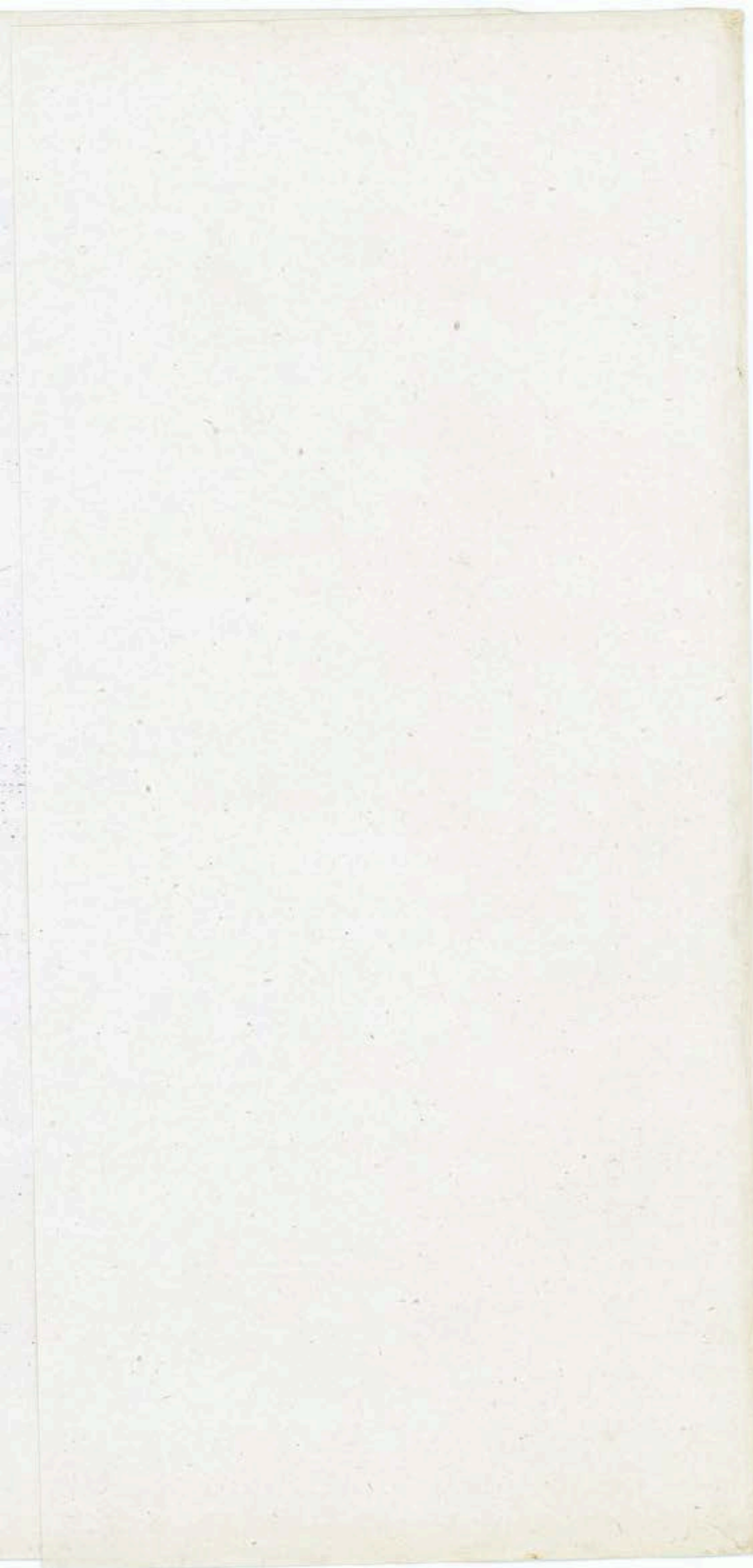
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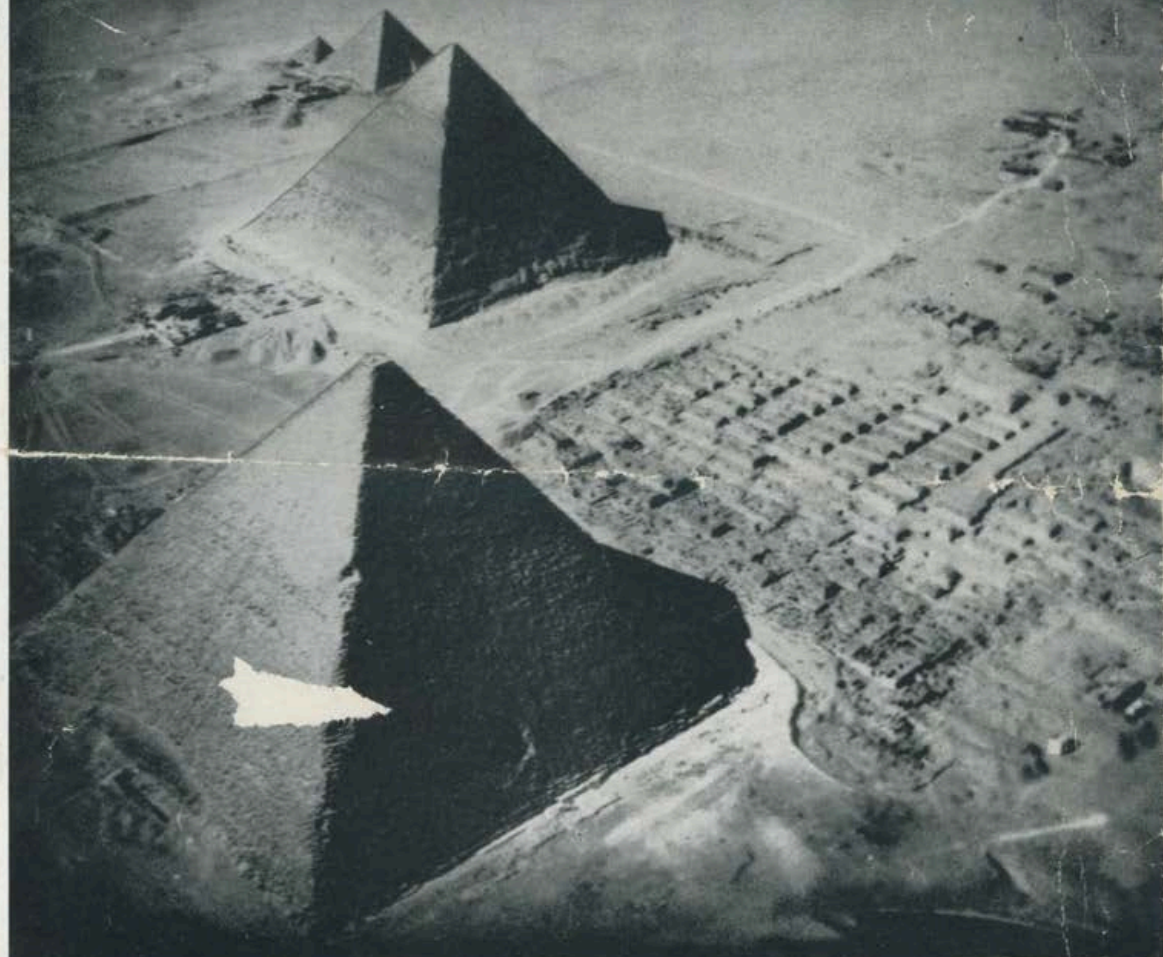
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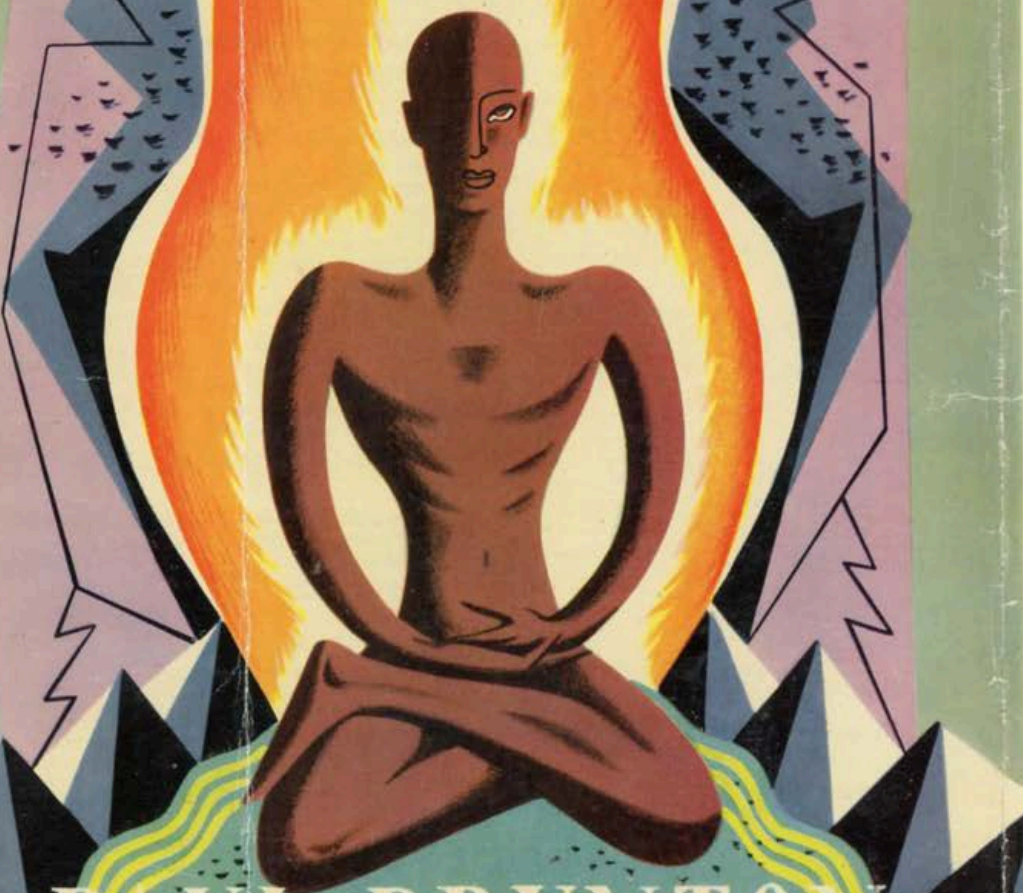
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PAUL
BRUNTON

The Spiritual Crisis of Man

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Author of

"Discover Yourself," "The Secret Path"
"The Wisdom of The Overself," etc.

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THE SPIRITUAL CRISIS OF MAN

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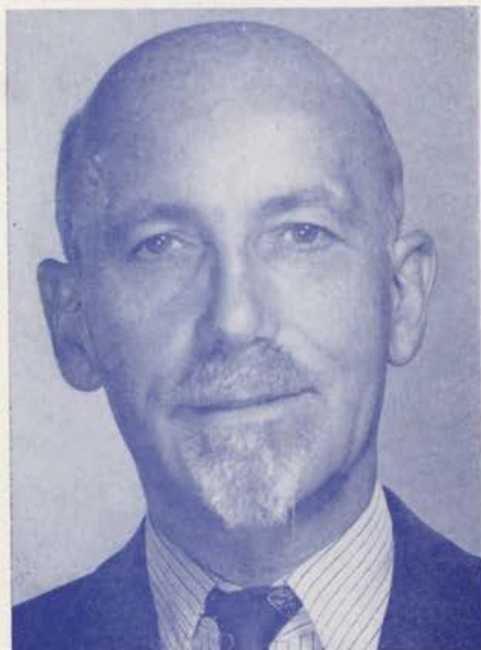
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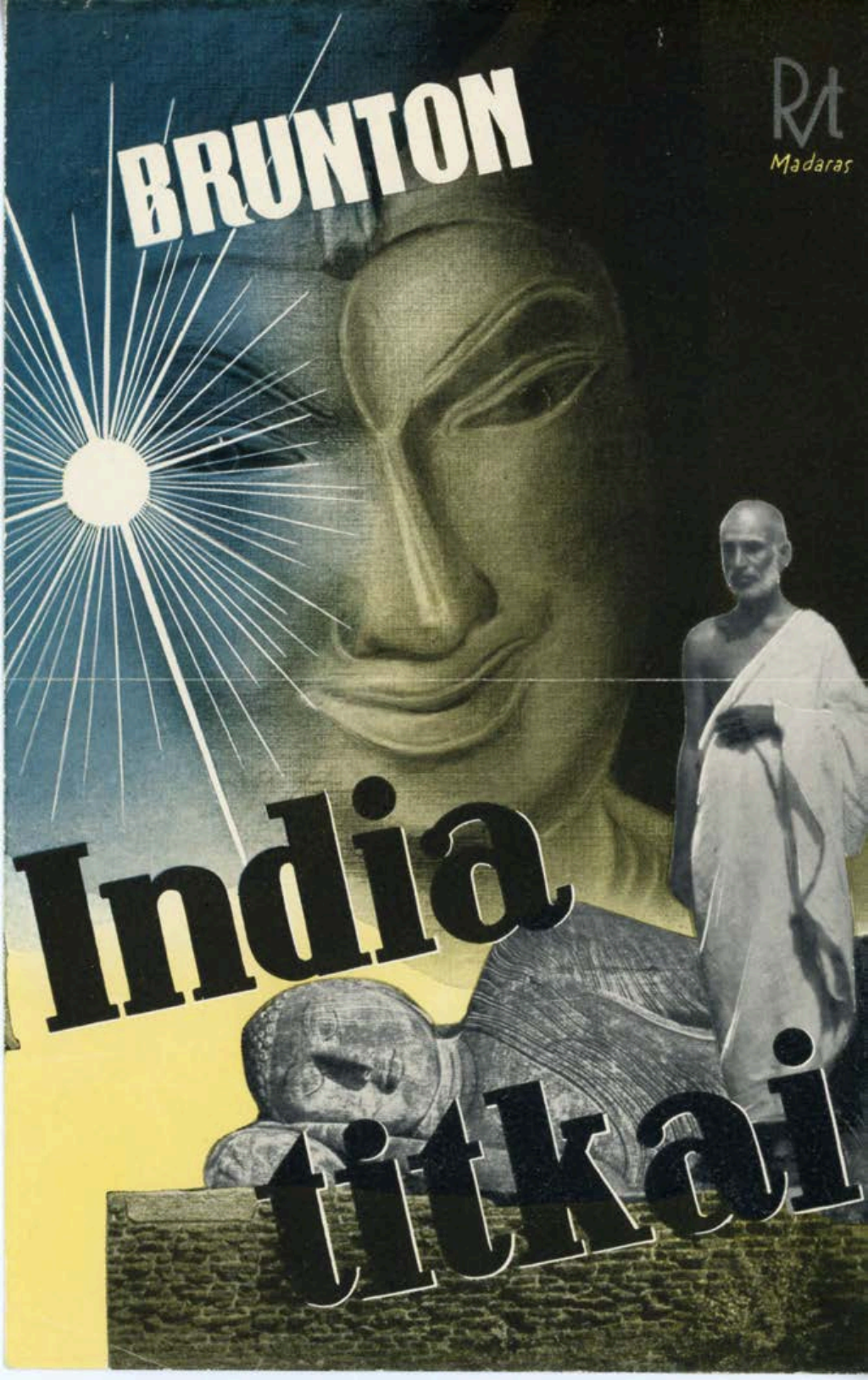
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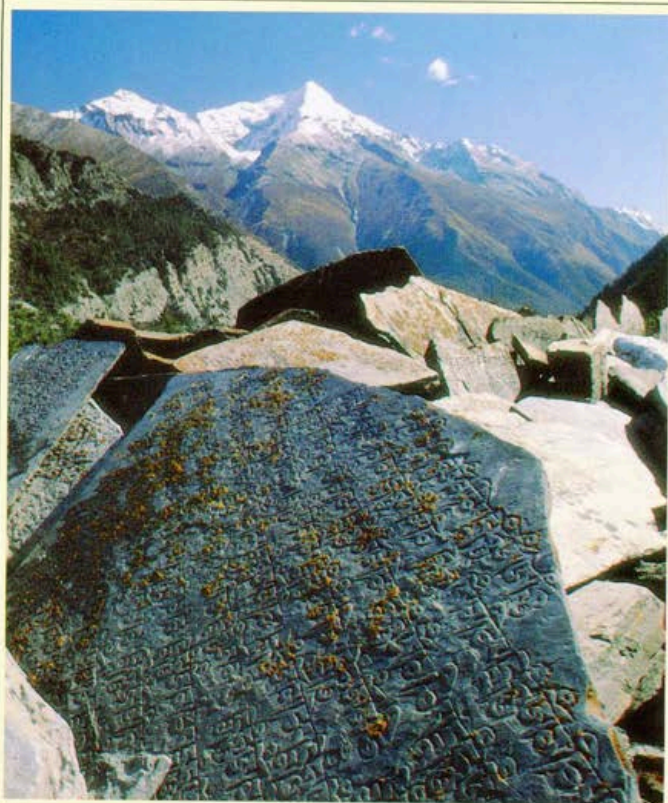




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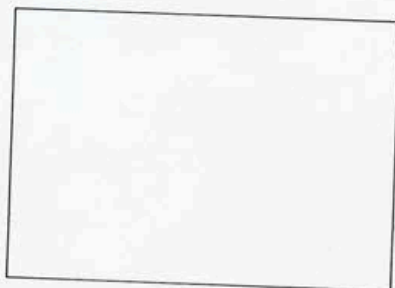
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